

Donalda Club



CAREER OPPORTUNITY

FITNESS COACH

PERMANENT FULL TIME

Donalda Golf & Country Club, founded in 1960, is a prestigious year-round private club that offers a high standard of social, athletic and dining facilities to our members and their families. We are located in central Toronto and accessible by TTC.

We are seeking dedicated, member service-oriented professional to join our **Fitness team as a Fitness Coach**. This is a **permanent full-time position with benefits** requiring shift work which includes evenings and weekends and holidays

POSITION SUMMARY:

Under the supervision and direction of the Fitness Manager/Assistant Fitness Manager, the Fitness Coach will perform his/her duties to help ensure that all members are having an exceptional Fitness experience that exceeds their expectations by providing on floor supervision. The incumbent will assist member with properly using the fitness equipment including weights, machines, etc. by providing professional advice to members when necessary to help promote a safety focused facility. In addition, the incumbent will carry out duties as a personal trainer at member's request and work closely with other fitness professionals to ensure the facility is clean and safe in accordance to Donalda Club's Standards.

DUTIES & RESPONSIBILITIES:

- Works closely with the Fitness Manager to develop and deliver a variety of events and programs that will improve the participation and enjoyment of the members and further promote the fitness facilities
- Handles member complaints and questions relating to the fitness department to ensure all members are satisfied with Donalda Club's services. Communicates issues directly to Fitness and/or Assistant Fitness Manager
- Provide demonstrations to members on proper techniques on using various machines, free weights and other fitness equipment when required
- Assist the fitness managers in event planning and day to day operations when requested
- Provide educational wellness advice to members that will help improve the health of members
- Perform regular checkups to ensure all equipment in the fitness center is performing at a satisfactory level

- Monitors trends in the fitness industry to ensure the Club is providing high quality fitness facilities and service to members; stays current with these trends
- Evaluate the overall fitness center on an ongoing bases and recommend methods of improving the facilities in the center
- Carry out duty as a personal trainer at member's request and provide various training advice and assistant to ensure the member is given the best service possible
- Provides on-floor supervision and be readily available to assist members during their workout when required
- Help create promotional posters/flyers for use around Donalda Club Fitness Center to promote fitness events / programs.
- Although, Donalda does not do formal Fitness assessments, it may be required to carry out fitness assessment of members to determine various information including fitness goals, needs, plans, schedule, etc.
- Provide support to other Fitness Professionals in the department when required to guarantee superior service is provided to members
- Perform regular inspections to ensure that the fitness center provides a clean and safe environment for members, guests and staff
- Enforce Donalda Club's Policy including dress code, fitness equipment use policy, etc.
- Reports any major damage of equipment or property to the Fitness Manager to what reactive action must be taken
- Respond to emergency that may arise in the Fitness Department when required including providing information to emergency personnel or performing CPR
- Help create promotional posters/flyers for use around Donalda Club & Fitness Centre to promote Fitness events/programs
- Perform any additional duties as specified by the Fitness Manager

JOB SPECIFICATIONS/ QUALIFICATION REQUIRED:

- Completion of High School Education (Grade 12) is required
- Completion (or registration in) post-secondary Fitness Program is required
- Two years' experience in a Weight Room setting is required
- Experience working with and teaching different age group is an asset
- Private Club fitness center experience is an asset and preferred
- Strong communication and interpersonal skills is required
- Punctual and reliable
- Strong interpersonal and organizational skills
- Well groomed, mannerly, co-operative and outwardly friendly (team oriented).
- Able to work shifts - days, evenings, weekends, and holidays

CERTIFICATES, LICENSES, REGISTRATIONS:

CPR and First Aid and Defib is required

Personal Training Certification is required
Group Fitness Leader Certification is an asset

CONTRACT TERMS

- Salary based plus personal training revenue
- Benefits: Medical and Pension
- Complimentary duty meals
- Complimentary parking
- Uniform provided by the Club

Those individuals, who are interested in applying, please complete the Online Application form on our website at www.donaldclub.ca. Please do not send resumes without applying on our website.

No telephone calls please.

We thank all applicants for their interest and will only contact those selected for an interview.

Applicants who do not already have legal permission to work in Canada will not be considered.

Donalda Club is an equal opportunity employer. Accommodations for disabilities will be provided to support participation in all aspects of the recruitment process